

Dear parents,

Your child's day care centre/school is participating in the "Bewegungspass" (physical activity passport) project.

The physical activity passport is intended to help your child to be safer in road traffic, to integrate more physical activity into his or her everyday life and to get to know the sports clubs in your area.

Your child will receive the physical activity passport from the day care centre/school. In it, your child will collect stamps and/or signatures for his or her participation in physical activity offers. If this passport is filled within a specified period of time, your child will receive a certificate from the day care centre/school. Participation in the activities is free of charge.

Your child will receive stamps/signatures for each day on which he/she makes his/her own way to and from the day care centre/school – on foot, by bicycle, scooter, or skateboard. Of course, you may accompany your child on the way. If your child depends on the bus to get to the day care centre/school, he/she can also receive signatures/stamps for this. However, it would be nice if your child – if possible – could change to a bicycle or walk the distance from the (next to last) bus stop with other children.

In addition, the physical activity passport takes into account participation in the following activities, among others, for which your child can also collect stamps/signatures:

- Traffic education measures in the day care centre/school
- Physical activity, play and sport activities in the day care centre/school (e.g. action days, clubs, active breaks)
- Sports competitions (e.g. break league, federal youth games)
- Swimming and sports badges (in the calendar year)
- Membership and taster training in the sports club

We hope your child has fun participating in the activities of the "Bewegungspass"!

And this is also important ...

### **Insurance cover**

There is insurance cover for your child while he or she is taking part in the physical activity passport offers:

- Your child will be legally insured against accidents on the direct route to the day care centre/school. You can find more information about this at [www.dguv.de/wir\\_haften/kita-schule-uni/](http://www.dguv.de/wir_haften/kita-schule-uni/)
- This insurance cover also applies to the activities that are carried out under the responsibility of the day care centre/school.
- The LandesSportBund Niedersachsen has taken out non-membership insurance for the offers of the sports clubs that are available to your child during the promotion period.

And this is how it can continue for your child ...

### **Membership in a sports club**

After participating in the “Bewegungspass” offers free of charge, your child can become a permanent member of a sports club of his or her choice.

If necessary, the membership fee in a sports club can be financed through the education and participation package, provided your child meets the requirements. Please contact the responsible local office (e.g. job centre, city or district administration).

If your child has not yet found a suitable sports club, the sports federation in your region will be happy to help you find one. You can find its contact details on the back of the flyer.